

# Fun Food Ideas for Classroom Parties

**Incorporate nutritious and delicious foods and drinks in classroom parties: Its easy and economical, just remember to:**

- Include at least two to three food groups in your party menu.
- Include foods that supply key nutrients and go along with your theme.
- Go easy on the foods from the tip of the Pyramid.

## BACK TO SCHOOL

Try these to Teach Breakfast and Snack Ideas:

- \* **Build Your Own Yogurt Parfait** (yogurt, granola, fresh/frozen fruit).
- \* **Yogurt and/or Fruit Smoothies.**
- \* **Make Your Own Trail Mix** (assorted whole grain cereals, dried fruit, peanuts, and Teddy Grahams).

## FALL

Think Orange and Fall Produce.

- \* **Red & Green Apple Slices with Assorted dips** (chocolate, Carmel, peanut butter)
- \* **Pumpkin Bread & Apple Cider.**
- \* **Raw Veggies and Dip with Cheese Cubes.**



## WINTER

Festive Holiday and Hawaiian Treats.

- \* **Oatmeal/White Chocolate & Craisin Cookie with Cold Milk.**
- \* **Chocolate Covered Strawberries for Valentines Day**
- \* **Plan a Pizza Party with your School Food Service Program**

## SPRING

Eat the Rainbow and Enjoy Fresh Produce.

- \* **Pyramid Faces** (Decorate a slice of bread with peanut/butter or cream cheese and assorted fruits, veggies, nuts, etc.)
- \* **Work with Your Food Service to Have Tasting Party of Fruits** (kiwi, star fruit, etc).
- \* **Dirt Cups** (pudding with a gummy worm inside it. Serve with sliced fruit

**Developed by:** Montana Team Nutrition Program, Office of Public Instruction  
February, 2003  
406 994-5641 or kbark@state.mt.us



